

Celebrate Success Shopping List

The entries on this list are not compulsory, they are meant only as suggestions. Use the entries you like to create your own Celebration Shopping List full of your ideas. You can then match an entry to an item on your to do list as motivation. Good Luck!

П	Read a novel	П	Spend some time playing video
	Listen to your favourite music	T	games
	Play in the park with children,	П	Send the children away for a day
_	yours or a friends		Dress up in fancy clothes and go
П	Play with your pets - take the dog	ш	somewhere posh
ш	for a walk		Test drive new cars
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	Take the day off	_	Buy a personalised mug or cup set
ш	Encourage your partner to make		
_	you a candlelit dinner		Have your nails done
	Sleep in		Go horse riding
	Have a picnic in the park	Ш	Arrange a chef to provide an
	Catch up with friends at a café	_	inhous <mark>e di</mark> nne <mark>r pa</mark> rty
	Have a massage		Have a party for no reason
	Go to a movie or the theatre	Ш	Spend an hour looking at old
Ц	Wear a special accessory (tie,		photos an <mark>d r</mark> emin <mark>isci</mark> ng
_	scarf, bag, jewellery)	Ц	Go to a to <mark>y s</mark> hop a <mark>nd</mark> buy yourself
	Visit a spa and have a facial		a toy
	Rent a sports car or motorbike and		Spend time drawing, writing,
	go for a long drive or ride		painting or doing something
	Do something you have never		creative
	done before		Get your car detailed
	Take a week off and stay at a		Have a really long bath with music,
	health retreat		oils and candles
	Buy an exotic tea, herbal tea or		Have others refer to you as "your
	coffee blend		majesty" for a day
	Have music lessons		Spend time in a the garden
	Stay in a 5 (or more) star hotel		Go to the Zoo
	Buy a new gadget		Have someone arrange your
	Go to a sports event		books, DVDs and CD in
	Go to a theatre event		alphabetical order
	Spend the day in an art gallery		Have an image consultant session
	Visit an historical site		Wear some special intimate
	Go on a wine tour		apparel on an "ordinary" day
	Go camping		Go to a comedy show
	Spend the day fishing		Have someone clean your
	Have a swim		windows